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Yankee Traveler

GAZETTE

E

March • 2023

**Issue 1
47th Year**



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A Gentle Reminder

If you are having an event or participating in an activity in the Rec Hall or the Card Room, please clean up when you are through. All trash and recycling should be taken to their proper place and the room tidied. In other words – leave the room as you found it.



Also, please check your mail on a regular basis as the mail boxes fill up fast. If mail is not picked up for awhile we assume you are not here and the mail will be sent back.

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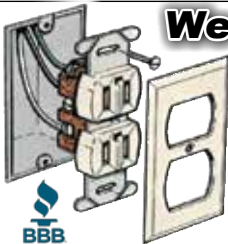
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RECYCLING

Please be mindful of what and where you are putting your recycle items. It only takes a minute to break down a box and put bottles & cans in the proper place.

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You may put the following items into this dumpster:

Cardboard - Broken down

Mixed Paper (Newspaper, Junk Mail, etc.)

Recyclable plastic containers # 1-7 or anything with the recycling symbol on it

Aluminum, Tin or Steel Cans

Glass Bottles & Jars

Paper, Milk or Juice cartons

All items must be clean and dry

You cannot put Styrofoam or Plastic Bags in this dumpster.

If you're bringing your recyclables to the dumpster in a plastic bag please remove them from bag and put the bag in the regular green trash dumpster. Plastic bags jam up the sorting.

PRESEIDENT MESSAGE

Greetings to all YT Residents

It's been a hectic and extremely active few weeks since your new Board members were voted in on January 20th. We held our first organizational meeting on January 31st and realized just how much there is to do.



First of all let me thank Bev Chestnut for her years of tireless and dedicated service as the Editor of the Gazette and wish her well in her greatly earned "retirement". I wish our new Editor Mary Lantz the same success and hope you all join me in offering her any help that we can give her as she joins us in this new endeavor. Next, I'd like to thank Fred Mattie, John Baker, Sally Little, Janice Bell, Earle Pike and the other retiring Board Members for their service in keeping things going through the most trying few years that the worldwide pandemic forced upon us.

Park activities seem to be coming back strong with attendance hitting new highs in certain areas and new and exciting things being planned all the time. If you have any ideas or specific things that you'd like to see please feel free to approach Steve Ford our new Activities Director or any of the other new Board Members who will gladly help you. The next scheduled general meeting of the Association is on March 24th although another might be called sooner to address specific issues. Watch the boards for updates.

As you're aware we're getting a new cable/internet service in the park. So far, the details are emerging slowly which causes lots of questions. I would encourage each of you who have questions to address them in writing to the Office. Also consider giving a copy of the questions and answers to a member of the Board so we can compile a master list.

That's it for now. Your new officers and I have a lot of work to do but I'm sure that with all of you behind us it'll all get done.

Enjoy the rest of the season.

Bob Mozingo, Present

Yankee Traveler Resident Association



ACTIVITY DIRECTOR MESSAGE

Activities Report March 2023

A heartfelt thank you for allowing me to take over as your activity director. Earl Pike has done a wonderful job for 11-12 years. I so appreciate his help and mentorship. Our Yankee Traveler family is what makes this park great! Thank you all who take charge of the activities and all those who help to put them all together.

Our "Park Coffee" had a great turnout. So much so, that we ran out of coffee and donuts. Please join us again on Friday, March 10th.

We have many fun events yet to come for March. If you have any ideas for an activity you'd like to see in our future, please let me know.

Sincerely,
Stephen Ford



NOTE FROM THE EDITOR

Bev Sprague-Chestnut

Lots of fun things to do over the next couple of months. Folks have volunteered their time and innovative ideas to bring fun for all. Thank you for that. Also, this will be my last addition of the Gazette and I am very happy to have Mary Lantz taking over the title of "the Gazette Lady".

Mary Lantz can be reached in person at Lot # 431
Phone 515-710-3866

Mplantz5029@gmail.com

Anything you would like to see in the Gazette please let Mary know. All submissions must be into me by March 16th for the April Gazette.

HUMANA

Darley/Zayna

Humana will begin delivering free food to the residents of Yankee Traveler beginning in January, continuing until the end of the year. They will be here the fourth Friday of each month in the rec hall from 3:00-4:00. The items will vary monthly, and all will be in bags. If you would like to receive these food/paper items at no cost to you, feel free to attend.



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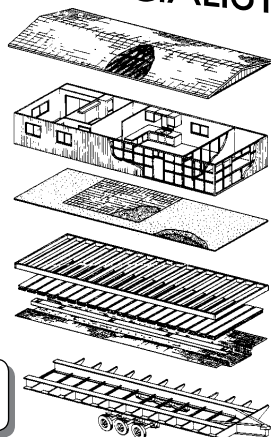
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YANKEE TRAVELLER DIRECTORY

Barb Hintze

Note: The office does give me lots of information for the directory, but they don't include your home street or PO Box. You need to give that to me if you want included.

Also, no information is given for seasonal RVer's so if you want your name, phone number, address, e-mail, etc...you need to let me know before the end of December each year.

The 2023 directories are still available for 50 cents each from the following sellers:

Pat in the office

Avis @ Lot # 434

Barb @ Lot # 428

For corrections or additional information, please contact Mary Lantz to be put in the next Gazette.

Lot # 431

Phone 515-710-3866

Mplantz5029@gmail.com

Thanks Barb Hintze

CORRECTION FOR DIRECTORY

Michaud Tony & Jeannie 506-447-9443



TAMPA BAY SPCA

Nancy Leugemors Lot #502

Special thank-you to everyone that has dropped off towels, blankets, etc.. for the SPCA. Just a reminder when you are packing up/cleaning out closets to head home that these items are ALWAYS needed and I would be happy to take them.



One of the many delightful aspects of my 20 winters at Yankee Traveler is the proximity to the SPCA. I began volunteering at the shelter to help with adoptions, but now foster kittens in my home. A very enjoyable "job".

Tampa Bay SPCA is designated a For-All-Shelter. 4000 domestic animals are taken in each year, not counting the rehab and release of wildlife.

You might enjoy interacting with cats and kittens in their pods. Thankfully, the pods replaced individual cages that were stacked three-high. You can also visit dogs, rabbits, guinea pigs, hamsters, goats and pigs. There is also a gift shop.

Turn left on Starkey Road and the SPCA entrance is about a mile on the right.

Donations of towels, sheets, blankets and small rugs are always appreciated (no pillows). Drop them off at 502 any time.

You, too, could be a dog-walker.

Thanks Nancy





MENS GOLF

Tony Sarvo Lot 319

Golf for anyone that wants to play at Country Way. Starting November 15 if enough are interested.

The Results are in:

1/10/23

Low Scores

Carter Hutt - 68

Roc - 72

Dan Hensley - 74

Joe Nadoc - 76

John Hayes - 76

Blackjack Winners

John Curry - 21

Steve Gladwin - 21

Joe Nadoc - 20

Darrel ReBoul - 20

Charlie Gladwin - 19



1/17/23

Low Scores

Andre Dion - 71

Charlie Gladwin - 70

John Hayes - 73

Dave Cole - 74

Tony Sarvo - 74

Closest to the Pin 1st Shot

John Curry - #3

Dave Cole - #5

John Hayes - #9

Roland Guy - #13

Frank Jachlewski - #15

Ray Siefert - #17

1/24/23

Low Scores

Andre Dion - 69

Charlie Gladwin - 70

John Hayes - 73

Dave Cole - 74

Tony Sarvo - 74

Closest to the Pin 2nd Shot

John Curry - #3

Dave Cole - #5

John Hayes - #9

Roland Guy - #13

Frank Jachlewski - #15

Ray Siefert - #17

1/31/23

Low Scores

Rick Adams - 68

Dave Cowell - 72

Darrel ReBoul - 72

Charlie Gladwin - 72

Dave Cole - 73

Lowest Putts

Dave Cowell - 26

Tony Sarvo - 29

Tim Rouch - 29

Dave Cole - 29

Darrel ReBoul - 29

Roland Guy - 29

2/8/23

Low Score

Ron Moore - 65

Charlie Gladwin - 66

John Hayes - 72

Dan Hensley - 73

Roc - 75

5 Hole Poker

Darryl ReBoul

Dan Richie

Joe Nadoc

Charlie Gladwin

John Hayes

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LADIES GOLF

Bev Sprague-Chestnut

When: Wednesday with tee times starting at 11:00
Where: The Landings Golf Course, 1875 Airport Dr. Clearwater
Cost: \$34.00 + tax with a cart

A signup sheet will be posted in the breezeway that will be removed on Monday evening.

The Results are in:

Jan 18, 2023

Low Gross

Marcy Baker 83

Bev Sprague-Chestnut 89

Karen Walsh 90

Jan 25, 2023

Poker was our game and the winner was Sally with 3/6's and 5/2's

Low Gross

Heather Doucet 90

Bev Sprague-Chestnut 91

Karen Hossack 91

Feb. 1, 2023

Poker was our game and the winner was Bev S-C with 5/3's, 6/2s

Low Gross

Bev Sprague-Chestnut 94 Tie

Heather Doucet 94 Tie

Karen Hossack 96

Feb. 8, 2023

Poker was our game and we had a tie:

Sally Skene and Karen Walsh 5/2's, 6/2s

Low Gross

Heather Doucet 88

Karen Hossack 90

Karen Walsh 92



MINI GOLF

Once again you can show off your golfing skills to all of Yankee Travelers. There will be a 9 hole "mini" golf course set-up in the rec hall.

Save the date, March 12th at 2:00 PM. Tickets will be \$7.00 a person, get your tickets early. Tickets sale out fast and we only have 100 tickets.



continued on page 16



11 ★ 7

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They will go on sale March 4th, 9 - 10 PM in the rec hall. After that you can get them from Tony on lot 319.

Putters & balls will be supplied, or you can bring your own putter.

There will be prizes for both women & men, as well as a 50/50 raffle. Hot chicken sandwiches with all the extras and punch included.

TURKEYSHOOT

Tony Sarvo

March 8th at 7PM, sharp. Come join us & all the fun. It's \$1.00 to play and all money is returned to the players, both women & men winners.

You don't need to know how to play. It's shuffleboard with obstacles.

Sign up sheet in the breezeway for the shoot in March.

Results for the shoot on Feb.8th

Ladies

1st – Beth Moore 223

2nd – Lyn Robichaud 213

3rd- Wanda Baldwin 197

Men

1st- Omer Robichaud 272

2nd- Tim Chestnut 248

3rd- Paul Doucet 208

CRIBBAGE / DOMINOS / NICKEL NICKEL

Come one, come all to a fun night of ANY OF THE ABOVE. Meet new people, have a few laughs all for 50 cents. Would love to have a great turnout.

Every Wednesday 7:00 p.m. in the Rec Hall starting Jan 11th.



COURT WHIST

Rob Levesque

Played on Sunday evening in the Rec Hall...come one come all.

CLASSES, CLUBS



**A Complete Listing of Resident Services
can be found on the page before your calendar**

CLASSES, CLUBS

YOGA

Classes are held on:

When: Monday

Time: 9:00 a.m.

Where: Rec Hall

Cost: \$7.00 per class per person

Appropriate for all ages

NOTE: Classes will continue until the end of March

Lynn teaches YOGA at the Highland Rec Center on Tuesday and Friday at 10:45 a.m.



Healthy habits start here!

Meet Lynn Winters-Hicks, Certified with The Aerobics and Fitness Association of America (AFAA)/National Association of Sports Medicine (NASM) as a Primary Group Fitness Instructor and a Personal Trainer, with specialized certifications for both children and seniors. She is a Sub-Contractor for the City of Largo at Highland Recreational Complex, Licensed and Certified Kidding Around Yoga (KAY) Instructor, AFAA Certified in Pilates, Movement and Mobility, and Senior Fitness. She is LA Fitness Certified in Bodyworks Plus Abs and Cardio Kick-Boxing. With 35+ years of related experience, she is a motivational speaker and has taught Workshops on Posture and Alignment and Adaptive Yoga, and at Charity Events such as Yoga In The Park to benefit The Mary Kay Foundation for breast cancer research and battered and abused women, as well as special events and functions such as glow-in-the-dark yoga. Lynn teaches a variety of fitness formats, such as Yoga, Children's Yoga (KAY), Forever Fit, Pilates, Beach Yoga, Aerobics, Step, Interval, Aura, Small Group Training, Private Instruction, and Personal Training.

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Please bring your own mat and any other yoga equipment that you personally use.
Hope to see you there.





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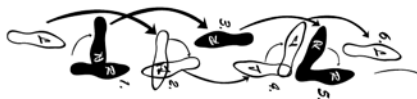
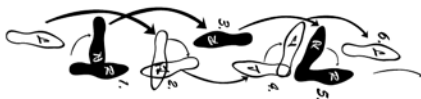
Or call Steve, Lot #601 at:

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Humans are the only animals that blush?

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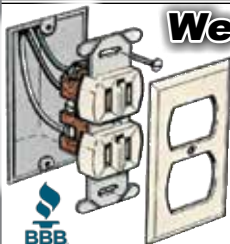
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MARCH • 2023

Sunday	Monday	Tuesday
<p>APRIL</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30</p>		
<p>Court Whist 7pm RH</p> <p>Darts 7 pm CR</p>	<p>Yoga 9-10 am</p> <p>Beginner Line Dance 10:15-11:15 am RH</p> <p>Intermediate Line Dance 11:20-12:20 am RH</p> <p>Pool Exercise 12:45 pm</p> <p>Hand & Foot 7 pm CR</p> <p>Bingo 7 pm RH</p>	<p>Men's Golf</p> <p>Pool Exercise</p> <p>Variety of Rec Hall</p> <p>Pool Exercise</p> <p>Ballroom 3 - 4 PM</p> <p>Bid Euchre</p>
<p>Hawaiian Golf Rec Hall 2 PM</p> <p>Court Whist - 7PM</p> <p>Rec Hall</p> <p>Darts-7 PM</p> <p>Card Room</p> <p>Daylight Savings Begins @ 2am</p>	<p>Yoga 9-10 am</p> <p>Beginner Line Dance 10:15-11:15 am RH</p> <p>Intermediate Line Dance 11:20-12:20 am RH</p> <p>Pool Exercise 12:45 pm</p> <p>Hand & Foot 7 pm CR</p> <p>Bingo 7 pm RH</p>	<p>Men's Golf</p> <p>Pool Exercise</p>
<p>Court Whist 7pm RH</p> <p>Darts 7 pm CR</p>	<p>Yoga 9-10 am</p> <p>Beginner Line Dance 10:15-11:15 am RH</p> <p>Intermediate Line Dance 11:20-12:20 am RH</p> <p>Pool Exercise 12:45 pm</p> <p>Hand & Foot 7 pm CR</p> <p>Bingo 7 pm RH</p> <p>First Day of Spring</p>	<p>Men's Golf</p> <p>Pool Exercise</p>
<p>Court Whist 7pm RH</p> <p>Darts 7 pm CR</p>	<p>Yoga 9-10 am</p> <p>Beginner Line Dance 10:15-11:15 am RH</p> <p>Intermediate Line Dance 11:20-12:20 am RH</p> <p>Pool Exercise 12:45 pm</p> <p>Humana Food Bank 3-4 RH</p> <p>Hand & Foot 7 pm CR</p> <p>Bingo 7 PM Rec Hall</p>	<p>Men's Golf</p> <p>Pool Exercise</p>

Yankee Traveler

Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4
	Dress Making 9-12 am RH Ladies Golf 10:15 Pool Exercise 12:45 pm NO Arts & Crafts Jam Practice 7 pm CR- Cribbage 7 pm RH Dominoes 7 pm RH	Beginner Line Dance 10:15-11:15 am RH Intermediate Line Dance 11:20-12:20 am RH Pool Exercise 12:45 pm- Horseshoes 1 pm Nickel Nickel 7 pm RH Hand Foot 7 pm RH Poker 7 PM CR	Ladies Shuffleboard 10 am Pool Exercise 12:45 pm Mixed Shuffleboard 1 pm Euchre 7 pm Rh	Music In The Hall Dancing BYOB 1 PM - 3 PM "Drive-in" Movie night (In front of Lot # 601) Starting at 6 PM for Surprises Movie starts at Sunset
7	8	9	10	11
Pool 9:15 am Exercise 12:45 pm Board Games- 10 AM - 1 PM Exercise 12:45 pm Dance Lessons - Rec Hall re 6:45 pm RH	Dress Making 9-12 am RH Ladies Golf 10:15 Pool Exercise 12:45 pm Arts & Crafts 1-3 PM Jam Practice 7 pm CR- Cribbage 7 pm RH Dominoes 7 pm RH	Beginner Line Dance 10:15-11:15 am RH Intermediate Line Dance 11:20-12:20 am RH Pool Exercise 12:45 pm- Horseshoes 1 pm Nickel Nickel 7 pm RH Hand Foot 7 pm RH Poker 7 PM CR	Park Coffee / Rec Hall 8:30 Ladies Shuffleboard 10 am Pool Exercise 12:45 pm Mixed Shuffleboard 1 pm Euchre 7 pm Rh	Dance Tickets Rec Hall 9 AM 1st Annual Flamingo Derby 7 PM - Rec Hall See Jerry, Lot #421 / Details
14	15	16	17	18
Pool 9:15 am Exercise 12:45 pm	Dress Making 9-12 am RH Ladies Golf 10:15 Pool Exercise 12:45 pm Arts & Crafts 1-3 PM Jam Practice 7 pm CR- Cribbage 7 pm RH Dominoes 7 pm RH	Beginner Line Dance 10:15-11:15 am RH Intermediate Line Dance 11:20-12:20 am RH Pool Exercise 12:45 pm- Horseshoes 1 pm Nickel Nickel 7 pm RH Hand Foot 7 pm RH Poker 7 PM CR	Ladies Shuffleboard 10 am Pool Exercise 12:45 pm Mixed Shuffleboard 1 pm St. Patrick's Day Dance 7 PM Rec Hall St. Patrick's Day	Pancake Breakfast 7:30-9 am RH Rec Hall Reserved / 5PM - ? (Private Party) Row 3 and 4 Road Closure from 5 - ?
21	22	23	24	25
Pool 9:15 am Exercise 12:45 pm	Dress Making 9-12 am RH Ladies Golf 10:15 Park Picnic / Front of RH Jam Practice 7 pm CR- Cribbage 7 pm RH Dominoes 7 pm RH	Beginner Line Dance 10:15-11:15 am RH Intermediate Line Dance 11:20-12:20 am RH Pool Exercise 12:45 pm- Horseshoes 1 pm Nickel Nickel 7 pm RH Hand Foot 7 pm RH Poker 7 PM CR	Ladies Shuffleboard 10 am Pool Exercise 12:45 pm Mixed Shuffleboard 1 pm Euchre 7 pm Rh Line Dancing in the Street (In front of Rec Hall) It may spill into the Hall Rain Date for park picnic	
28	29	30	31	
Pool 9:15 am Exercise 12:45 pm	Dress Making 9-12 am RH Ladies Golf 10:15 Pool Exercise 12:45 pm Arts & Crafts 1-3 PM Jam Practice 7 pm CR- Cribbage 7 pm RH Dominoes 7 pm RH	Beginner Line Dance 10:15-11:15 am RH Intermediate Line Dance 11:20-12:20 am RH Pool Exercise 12:45 pm- Horseshoes 1 pm Nickel Nickel 7 pm RH Hand Foot 7 pm RH Poker 7 PM CR	Ladies Shuffleboard 10 am Pool Exercise 12:45 pm Mixed Shuffleboard 1 pm Euchre 7 pm Rh	GOODBYE SNOWBIRDS

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DANCES

Lynda Robichaud Lot 524

Our Valentine's Dance was held on Saturday February 11th. We had the most tickets sold for a dance since before COVID-19. There were 111 tickets sold. Punch was served along with individually wrapped treats. 50/50 tickets were sold. Six tickets were drawn and \$30.00 were given to each winning ticket holder. Our DJ Joe Cully did a fantastic job and kept everyone on the dance floor all night.

Our next dance will be hold on Friday March 17, 2023 in the Rec. Hall.

Tickets will be sold Saturday March 11, at 9:00 a.m. in the Rec Hall. There will be beer and punch served. Please bring your own munchies.

Hope to see you all at our next dance.



LINE DANCING

Ann Miller #338

Classes are held on Monday and Thursday in the Rec Hall. New Beginners - Beginners/Intermediate - 11:20 - 12:20



DANCING IN THE STREET

The line dancers will be dancing in the street in front of the Rec Hall on Friday, March 24th from 6:00 pm to 7:30 pm. Please come with your lawn chairs, drinks, refreshments, etc. and enjoy the music. If line dancing isn't your thing, feel free to dance your style on either end of the line dancers.



Arts and Crafts

Ann Miller and Kay Ritchie

The class schedule for March is as follows: Wednesday, March 8th - Diamond Art Wednesday, March 22nd - Pour Painting using the Swipe Technique All classes are held in the Rec Hall from 1:00 - 3:00.

Sign up sheets are available in Rec Hall after each previous class.

A minimal fee will be charged to cover the cost of supplies for your projects. Starting this month, participants MUST PREPAY-NON-REFUNDABLE by sign up deadline. See sign up sheet for details.





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DRESS MAKING

Debi Bowman

Dressmaking for Haiti

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Come join our great group of ladies. Even if you are a beginner sewer, you will be able to make these dresses.

We also gladly accept any donations of material, pillowcases, sewing materials, thread, binding, etc. It helps us to keep this ministry going.

There are 4 sewing machines available for use, if you have your own and want to bring it, please feel free to do so.

Any questions, see me at #131 . Looking forward to seeing you all again.

PANCAKE BREAKFAST

Craig Bowman Lot 131



YES we are doing the pancake breakfast.

We are planning our first pancake breakfast of 2023 on to **Feb 18th** Saturday

Time: 7:30 – 9:00 a.m.

Please bring your own plates and cutlery

Looking forward to seeing everyone again

BINGO, BINGO, BINGO

Cindy Fox



Monday evening BINGO. It gets better and better. It is just one of those things that you get hooked on. And guess what? You might go home without yelling BINGO. but at least you had a CHEAP evening of fun. Now if you have any complaints about never having the right cards, you can blame yourself. LOL However, we can blame the computer for putting up the wrong numbers. Again, that won't do you any good. Of course, we can never blame our caller, because we need him. SOOOO, the only thing to do, is just decide to give it a try and behold you just might yell BINGO and go home happy and decide to keep on coming because it just might happen again.

We begin selling cards at 5:45 and end at 6:45. OH. I forgot, there is always a break with treats. Now perhaps that is another way to entice you to play BINGO on Monday evenings.

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To reserve your Flamingo contact Jerry Rzepka Lot 421

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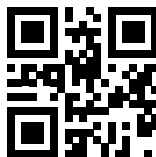
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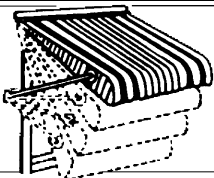
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Darley

The former Ladies Coffee created a cookbook with recipes from some of our residents. There are a number of these cookbooks available at the low price of \$5.00. At that price, you can buy one for yourself and another as a gift to a friend or family member.



Please check in with me at lot 430 for your copy. This is just another way that we raise money for the Yankee Association.

BIO

by Darley

JUST CALL KEN This month I decided to "corner" our friend Ken and would not take no for an answer in doing a bio on him. It has only taken 3 or maybe 4 years to get the job done. Ken Goodwin was born in Wooster Maine. Wooster is located not far from Bar Harbor and Bangor. This info is for those of us that had no idea where Wooster was. There are always things (well sometimes) we tend to remember (at our age that is good) because they were special. Wooster County was well known for their potato farms, and the high school allowed the students to leave school and work the potato fields. For those that school was not that interesting Ken waited each year for potato harvesting. However, his school did offer a class that taught electrical engineering.

You know what is coming soon.

Graduation!! Hooray!! I'm joining the Navy. Now I took time to see what the Navy's motto said only to learn that there was no official motto but unofficial ones. However, in reading their unofficial mottos, such as "Non Sibi Sed Patriae" (not for self, but for country.) Also, honor, courage, and commitment. Honor is having integrity and doing what is right, even when it is difficult. Courage is having the strength to do what is right, even in the face of danger, all of which I find suite Ken well. In time Ken left the Navy.

Remember that high school electrical class? Ken worked as an electrician in Florida for 20 years. A call from his brother (in Maine) took him back to his roots. His brother was building a new home and now carpentry became another specialty. While back home he met Priscilla. Another new phase in his life was about to happen. In May of 1999 the two married. Another adventure was about to happen; in 2012 Ken and Priscilla arrived at Yankee Traveler. After a few years Ken became the main electrical person as well as an outstanding carpenter. So much of his work goes unnoticed because most of you only see a finished product. I guess he is most recognized in December as he (for a while by himself) and his helpers begin to prepare for our annual "Christmas Light-Up Night" festivity. It is so awesome. For many years it was only at the front of the park, and now it is also at the "Pond". Carpentry has also been a showcase (in my opinion) for Ken. I'll name a few.

- The mailbox was built by him.
- In the rec hall, the medicine box in the corner by the kitchen
- However, I think the highlight of his art is in the rec hall. For as many years as I can

...continued on page 37

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remember, we had an old sliding curtain set up to hide the kitchen from the hall. THEN KEN CAME to the rescue. He made a “roll top” pull up for the kitchen. Two knobs and two fingers can roll this beauty up.

- Also, all the outstanding woodwork at the pond is done by Ken.

Ken allows himself a little relaxation time each summer. He and Priscilla return to Maine for a much-needed vacation. Ken loves to fish. I’m not sure if he has any bragger fish stories, but most guys that love to fish ALWAYS do some boasting. Knowing Ken, such a quiet guy, the word boast is not in his vocabulary. You know the old saying “Early to bed, early to rise, makes one healthy, wealthy and wise?” Well, I don’t know about the wealthy part, but it does motivate a certain person. Remember I titled this “Just Call Ken”.

I’ve heard a few other questions asked about Ken.

1. Where’s Ken
2. Have you seen Ken?
3. Ask Ken
4. I have to find Ken.
5. Do you have Ken’s number?
6. If you see Ken, will you tell him I need to see him

So if you have asked a question above be assured he is busy making sure all is well in this park. The one that said, “not for self, but for country”, could be translated to “not for self, but for Yankee Traveler.” When you see him at work or in his golf cart, stop him and thank him for jobs well done, or should I say for jobs extraordinaire.



SPECIAL EVENTS

N.B. Picnic

A note from Steve Cooper

Well folks,

After a two-year health postponement, the Canadian Snowbirds Association (CSA) is back sponsoring our Provincial Picnics. And our NB Day one is only a week away...Monday, February 20th.



Registrations will start at 10:30 AM. The event will consist of musical entertainment, great prizes to be won, & share the wealth raffle. So grab your cooler & food & head to Fort DeSota Park, Shelter 5 for a day of relaxation & camaraderie, with your NB friends, & their guests. Please feel free to bring your Florida neighbours with you.

Apparently new procedures this year at the park.

DO NOT STOP at the 2nd toll booth where you paid in the past.

Continue to Pavilion #5 where you will find a pay-station located at the sidewalk entrance to the pavilion.

Have your license plate number ready to enter it at the pay station.

You can pay the all-day parking fee of \$5. with your credit card; cash is no longer accepted.

A new App, Flowbird, is available for paying, but not required.

You can download this app and use it at other parking lots.

It's international so it can also be used in some other countries.

We hope to see most of you next Monday, February 20th.

Regards,
Joanne & Steve

Here are the dates that I have received from Snowbirds.

All of below will be held at Fort DeSota Park - Shelter 5, 10:30 AM to 3:30 PM

New Brunswick - Monday, February 20, 2023

Nova Scotia – Monday, March 13, 2023

Ontario – Wednesday, March 15, 2023

Quebec – Thursday, March 16, 2023

Newfoundland/Labrador – March 23, 2023 (Shelter 14/15)

YT SPAGHETTI DINNER REINITIATED IN 2023

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Come and enjoy the ambience of the Mediterranean while dining on some delicious Italian cuisine.

The date will be Friday, Feb. 24th.

1st seating will be at 5:00p.m. and the second at 6:15p.m.

Please bring your own wine, plates (Please No Paper Plates for safety reasons) and cutlery. The rest will be supplied for you.

Sign up sheets will be placed in the entryway at the Rec Hall the Jan.31st. They will remain there until Feb. 20th. It is very important that you sign up so we know how many to prepare for.

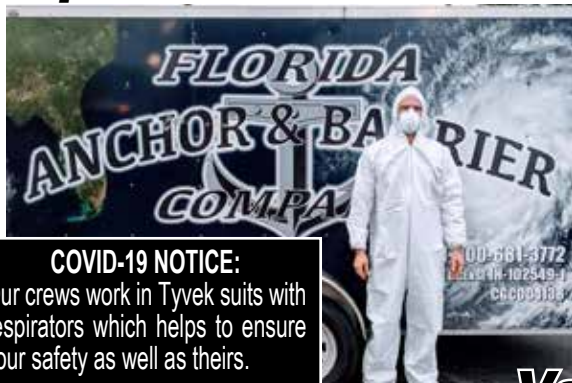


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ARTICLES FOR SALE	Americana Cove Tag Sale in Clubhouse. Saturday, March 4th 8am-1pm. 7201 1st Street NE, St. Petersburg FL.	
2021 ICON Electric Golf Cart. Mileage: 68. 4 seater. Price: \$7200.00. 727-403-2143, Leave Message	Carport Sale: March 11, 8am-noon. Golden Acres RO Park. 1040 Main St., Dunedin FL	Ranch Mobile Park, Park-Wide Yard Sale, Saturday, March 4th, 8:00am - 2:00pm at 6800 - 150th Ave. N., Clearwater (Largo).
Hoyer Lift with Lifting Pad. 300 lbs. Capacity. \$150.00. Contact Roger: 727-532-1953	Art/Craft Fair: Sat. March 25, 9am to 1pm. Lake Highlander MHP, 1500 County Road 1, Dunedin. Something for everyone.	
2005 PT Cruiser Convertible, 5-Speed, 73,785 Miles. \$4,200.00. 330-631-4723. Good condition.	Community Carport Sale: OakCrest/Acorn MHP. Entrances at 9925 Ulmerton Rd. and 435 16th St. SE. March 11th, 2023, 8:30am-1:30pm. No early sales. Light Lunch and Bake Sale in Pavilion next to Clubhouse. Rain Date: March 18th.	Palm Hill Country Club Annual Bazaar. Saturday, March 4th, 8am-1pm. 1800 Seminole Blvd, Largo.
ATTENTION RESIDENTS! Did you know this Emporium/ Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other things. Remember to think about this the next time you're planning something. -Monthly Media Staff	FLEA MARKET Friday, March 3rd, 9am-Noon. Lake Seminole Resort Clubhouse 10245 110th Ave N. Largo. Clothes, books, household items, decorations.	Parkwide Mobile Home Carport Sale. LaPlaza 6700 150th Ave N, Clearwater, FL. March 3rd & 4th 8am-4pm.
	Estate Sale by appointment only. Largo Florida. 727-204-1380	Blue Jay Estates: Annual Community Rummage Sale and Bake Sale. Saturday, March 4, 8am-1pm. Lunch available. Clubhouse and deck. 2755 Curlew Road, Palm Harbor, FL 34684



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YANKEE TRAVELER GAZETTE MARCH, 2023 E



But You Don't Look Sick?

submitted by Bev S-C

The Spoon Theory

By Christine Miserandiano

My best friend and I were in the diner, talking. As usual, it was very late, and we were eating French Fries with gravy. Like normal girls our age, we spent a lot of time in the diner while in college, and most of the time we spent talking about boys, music or trivial things, that seemed very important at the time. We never got serious about anything in-particular and spent most of our time laughing.

As I went to take some of my medicine with a snack, as I usually did, she watched me with an awkward kind of stare, instead of continuing the conversation. She then asked me out of the blue what it felt like to have Lupus and be sick. I was shocked not only because she asked the random question, but also because I assumed she knew all there was to know about Lupus. She came to doctors with me, she saw me walk with a cane, and throw up in the bathroom. She had seen me cry in pain, what else was there to know?

I started to ramble on about pills, and aches and pains, but she kept pursuing, and didn't seem satisfied with my answers. I was a little surprised as being my roommate in college and friend for years: I thought she already knew the medical definition of Lupus. Then she looked at me with a face every sick person knows well, the face of pure curiosity about something no one healthy can truly understand. She asked what it felt like, not physically, but what it felt like to be me, to be sick.

As I tried to gain my composure, I glanced around the table for help or guidance, or at least stall for time to think. I was trying to find the right words. How do I answer a question I never was able to answer for myself? How do I explain every detail of every day being effected, and give the emotions a sick person goes through with clarity. I could have given up, cracked a joke like I usually do, and changed the subject, but I remember thinking if I don't try to explain this, how could I ever expect her to understand. If I can't explain this to my best friend, how could I explain my world to anyone else I had to at least try.

At that moment, the spoon theory was born. I quickly grabbed every spoon on the table; hell I grabbed spoons off of the other tables. I looked at her in the eyes and said "Here you go, you have Lupus". She looked at me slightly confused, as anyone would when they are being handed a bouquet of spoons. The cold metal spoons clanked in my hand, as I grouped them together and shoved them into her hands.

I explained that the difference in being sick and being healthy is having to make choices or to consciously think about things when the rest of the world doesn't have to. The healthy have the luxury of a life without choices, a gift most people take for granted.

Most people start the day with unlimited amount of possibilities, and energy to do whatever they desire, especially young people. For the most part, they do not need to worry about the effects of their actions. So, for my explanation, I used spoons to convey this point. I wanted something for her to actually hold, for me to then take away, since most people who get sick feel a "loss" of a life they once knew. If I was in control of taking away the spoons, then





she would know what it feels like to someone or something else, in this case Lupus, being in control.

She grabbed the spoons with excitement. She didn't understand what I was doing, but she is always up for a good time, so I guess she thought I was cracking a joke of some kind like I usually do when talking about touchy topics. Little did she know how serious I would become?

I asked her to count her spoons. She asked why, and I explained that when you are healthy you expect to have a never ending supply of "spoons". But when you have to now plan your day, you need to know exactly how many "spoons" you are starting with. It doesn't guarantee that you might not lose some along the way, but at least it helps to know where you are starting. She counted out 12 spoons. She laughed and said she wanted more. I said no, and I knew right away that this little game would work, when she looked disappointed, and we hadn't even started yet. "I've wanted more "spoons" for years and haven't found a way yet to get more, why should she? I also told her to always be conscious of how many she had, and not to drop them because she can never forget she has Lupus.



March Sudoku

					9	8	3	
		3	2					5
				7	3		1	
1	6			5		4		
								7
						3		
4			8			5	2	1
	2	8		6	1			



3	7	6	1	9	7	3	5	2	8
2	9	8	3	7	5	2	1	4	9
4	8	6	5	2	9	1	3	7	8
2	6	3	4	1	7	9	5	8	6
7	5	1	8	9	6	2	3	4	9
8	9	4	2	6	9	8	1	5	7
1	6	7	3	5	2	4	9	8	6
6	8	4	5	7	3	2	1	9	8
9	1	3	2	8	6	7	4	5	6
2	7	5	1	4	9	8	3	6	5

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